

Miles Farm CSA Commitment Form

Name: _____

Address: _____

City: _____ ST _____ Zip _____

Phone: _____

Email: _____

- I would like to receive any newsletters and produce or value-added lists via e-mail

Qty	Description	Cost	Total
	Full Share	\$660.00	
	Half Share	\$440.00	
	Quarter Share	\$265.00	
Total			

Make checks payable to: *Miles Farm Produce.*
If you would prefer to make payments rather than a lump sum we ask that you please pay as much as you're able upon registration, payments are made the 30th of each month and the remainder is due by July 30th. Memberships are limited each year so please sign up promptly! Thank you so much for your participation! Please feel free to contact us for any further information. We look forward to a great season!

Brenda Miles
Miles Farm Produce
3571 State Route 49 E,
Coudersport, PA 16915
1-814-848-9841
Email: milesfarmproduce@yahoo.com

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About Miles Farm

Located near the headwaters of the Allegheny River Miles Farm Produce grows everything naturally.

Miles Farm Produce is own and operated by Derrick Miles and is helped by his family. He comes from a long line of Pennsylvania farmers.

Our farm participates in various food and sustainable agricultural projects and is registered with the PA Department of Agriculture. We are a supporter of the local Food Matrix, CSA - Community Supported Agriculture, and the local chapter of Buy Fresh Buy Local.

One of the offerings we provide for purchase is a CSA Basket that can be picked up weekly with fruits and vegetables that are currently in season.



A CSA form is located within this brochure. Please see us or call for more information on the CSA program.



Farmers Market Nutrition Program

The **FMNP** provides resources in the form of fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs from farmers' markets, roadside stands and community supported agriculture programs to Special Supplemental Nutrition Program for Women, Infants and Children, popularly known as WIC and low-income seniors in the state of Pennsylvania. The FMNP operates from June 1st until November 30th, which is the major growing season in Pennsylvania. For more information on these programs see the Farmer's Market Brochure.

We are registered to accept Farmers Market Nutrition Program Coupons.

Produce



Our produce is carefully grown and nurtured for the best results. Below is a list of produce that is grown on our farm.

Fruits:

Apples	Blackberries
Blueberries	Cherries
Currants	Peaches
Pears	Plums
Rhubarb	Strawberries

Vegetables:

Asparagus	Beans
Beets	Broccoli
Brussel Sprouts	Cauliflour
Carrots	Corn (Sweet)
Cucumbers	Eggplant
Garlic	Gourds
Kohl Rabi	Lettuce
Onions	Peas
Peppers	Potato
Pumpkin	Radishes
Shallots	Spinach
Squash (Spaghetti)	Squash (Summer)
Squash (Winter)	Tomato
Turnip	



Produce availability depends on season.

Poultry

We raise organic fed free-range chickens and turkeys. We do not use hormones, stimulants or routine antibiotics.



Chickens and turkeys can be purchased frozen or fresh. Please check with us on availability. The turkeys are great for Holiday Tables.

Free-range brown eggs are also available for purchase. Contact us for more information.



PA Preferred Program



The Pennsylvania Department of Agriculture has launched a program called the PA Preferred program which identifies locally sourced Pennsylvania products and helps individuals to find them.

Miles Produce is a PA Preferred farm.

*Brochure designed by
Amy Thompson and Fortress Studios*